

Class Schedule

Day	Class	Class Time
Monday	Children/Adults (W-Y-O Belts)	6-8:00 pm
Tuesday	Children/Adults (G-P-B Belts)	6-8:00 pm
Wednesday	Children/Adults (W-Y-O Belts)	6-7:30 pm
Thursday	G-P-B Belts Aiki Jutsu	6-7:00 pm 7-9:00 pm
Friday	Priv. Lessons (appt. only)	7-8:00 pm
Saturday	Children/Adults (All Ranks)	11am- 12:00pm
Sunday	Tests and Clinics	

Some classes are mixed. Children must learn not to be intimidated by adults in a self-defense situation.

TATSU DO

HOMBU DOJO

3559 Poplar Hill Rd.
Livonia, New York 14487

www.tatsudo.com

(585) 346-5160

Instructors

Instructor	Rank
William Cavalier (Head Instructor -- Hanshi)	10th Degree, Karate, Kobudo, Aiki Jutsu, Iai
Gilles Bray	5th Degree, Aiki Jutsu 2 nd Degree, Karate
Robert Rosatti	2 nd Degree, Karate
Anne Barrend	3 rd Degree, Karate
Tom Horn	1 st Degree, Karate

Hanshi William R. Cavalier, Jr, the Head of Tatsu Do, has been studying and teaching Martial Arts more than 40 years. He received his first Black Belt rank in the early sixties. Today, he is the head of the Tatsu Do Martial Arts and was awarded the rank of **10th Dan**, highest rank attainable in martial arts.

Hanshi Cavalier offers lessons for both adults and children, men and women. He still teaches personally several times per week. Instructions include Karate, Kobudo (weapons), Aiki Jutsu and Iai Jutsu (Japanese sword). Tatsu Do is renowned for its teachings of self defense.

TATSU DO KARATE



HANSHI WILLIAM R. CAVALIER
10th DAN, SOKE
TATSU DO



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About **TATSU DO** Training

TATSU DO is an eclectic system of martial arts founded by Hanshi William R. Cavalier, after many years of study in the arts ranging from JuJutsu, Chinese Kempo, Shito-ryu, Chito-ryu to Goshin Jutsu Kyo Jujo. Hanshi Cavalier has also studied Kung Fu and various weapons systems.

The beginner in **TATSU DO** is taught firm discipline and defense techniques of Karate. Each class consists of aerobic warm-up exercises, stretching, body conditioning and Karate instruction.

Students learn striking hand techniques, kicks and blocks. Practice also includes self-defense and free style sparring. For advanced students, training is given in JuJutsu and AikiJutsu maneuvers. Starting at green belt, students are introduced to the use of oriental weapons, bo and sai. Safety is strictly enforced, especially with beginners.

Anyone can learn Karate – men, women, children. No special talent or physical strength are required, only discipline and willingness to work hard.

To the Student:

Through **TATSU DO** it is my hope to show you not only self-defense but a way of life. Those who study it in earnest will reap tremendous rewards; those who will take it in jest will find nothing. Student who aspires to be good must practice outside what he has learned inside. Lack of diligent practice will result in stagnation. Ranking will be determined on the basis of physical achievement and on mental attitude.

Hanshi William R. Cavalier, Soke

Conditioning:

Matt Milgate, (at age 15), Rear Stance



Weapons Self Defense:

Emily Milgate, (at age 12), Bo Staff fighting



Kicking Technique:

(Brian Kabala, (at age 12), Side Kick)



Training Fees

Membership Plan	Monthly	3-Month
Adult	\$ 45	\$ 122
Junior Age 6-15	\$ 40	\$ 108
Family (2 Adults)	\$81	\$ 219
Family (2 Juniors)	\$ 72	\$ 194
Family (Adult + Junior)	\$ 77	\$ 208

(Other plans available, please inquire)

Special Offer:

Get a **FREE Uniform**
worth up to \$45 with
3-month start-up
membership !!!

Please Note:

- Lifetime Tatsu Do Registration Fee (\$25) due at the end of the first month.
- Other Equipment Required: (w / tax)
 - Student Manual \$ 8.56
 - Groin Protector \$10.70
 - Mouth Guard \$ 2.14
 - Patch \$ 8.56
- No Refunds